

#### Hello!

Firstly, a big thank you for your interest in Smile Box a business I launched in 2021, created to help you promote a positive work environment and build an emotionally resilient workplace.

This brochure is packed full of useful information to show you how we can support your wellbeing culture and help boost staff engagement.

Here at Smile Box, we are passionate about wellbeing and positive mental health and know that the last few years has put tremendous pressure on the Education Sector. Recruiting and retaining talent may have been one of the main challenges for you along with keeping staff motivated given recent events.

It's likely team members will not only be feeling a little dejected right now, but may also be forgetting to prioritise self-care, especially given the increase in working hours.

By sending Smile Boxes to your staff, you can share a little box of loveliness packed full of wellbeing gifts, and practical tools to help build emotional resilience and show your team that you care.

I hope you enjoy browsing through this brochure. We'd love to hear how we can support your wellbeing culture, so drop us an e-mail at hello@smile-box.co.uk!

#### Donna

Donna Fisher, Founder.

WWW.SMILE-BOX.CO.UK



### What is a Smile Box?

A Perk Box, Care Package or pat on the back? We don't mind what you call it, put simply our Smile Box is a gift box packed full of treats to make your staff Smile.

The importance of 'workplace wellbeing' has been talked about for a while, but now more than ever before, we know that supporting your employees' mental health and wellbeing is quite rightly high on your list of priorities.

Share the gift of gratitude by rewarding your colleagues with a fully branded Smile Box and let them know how valued they are. As well as a selection of treats for your team to enjoy, your fully branded Smile Box will also be packed full of mental health resources to support their emotional wellbeing.



### Each Smile Box contains...



Six products all chosen to promote self-care and improve wellbeing



Our **Smile Stand** with mindfulness tips to support emotional resilience



A **brochure** showcasing the products and featuring mental health resources



A personalised letter from your Head featuring your logo or branding



Gift wrapped and beautifully packaged to feel like a real treat!

Research by Deloitte, published in 2022 shows that on average, for every £1 spent on supporting their people's mental health, employers will get £5 back on their investment in reduced presenteeism, absenteeism and staff turnover.





# ....the perk box that pays for itself!

Your staff are your most valuable asset. When you invest your time, money and energy in recruiting and training the right people, you want that talent to stay within your setting, and tell people what a great place it is to work.

You know that employee engagement matters more now than ever before.

And if your team are happy and healthy at work that means they will be more productive and loyal to you so everyone's a winner, right!?

As well as a selection of feel-good products to show staff they are appreciated, your Smile Box can also include personalised resources. We can design something that signposts to support available, promotes your wellbeing initiatives or offers tips around positive health, like exercise, or better sleep.

### What are the benefits of happy staff?



We all like to feel appreciated at work and here at Smile Box we can help support your culture for employee wellbeing and recognition by creating fully branded Gift Boxes that will boost morale and make your staff smile.

Organisations of all sizes are now recognising the value of wellbeing and the importance of supporting staff to feel happier and healthier.

# Survey Results

41%

of workers in the UK said they experienced feelings of daily stress for much of their day. 1

upto £56bn

the cost of poor mental health to employers in the UK according to research by Deloitte.<sup>2</sup>

28%

left their job in 2021 or were planning to leave, with 61% citing poor mental health as the reason.<sup>2</sup>

30.8<sub>m</sub>

working days lost in 2020/21 due to work related ill health (that's 18.6 days a year for each person).<sup>3</sup>

only 9%

of UK workers felt enthused by their work/workplace in 2022, well below the European average.<sup>1</sup>

# Fully branded and bespoke!

Inside each Smile Box, you'll find hand-selected products, wrapped in tissue paper to feel like a real treat for the ultimate unboxing experience!

All Smile Boxes include resources to support positive mental health along with a personalised letter from your Head, Principal or Wellbeing Lead.

Your Smile Box can be fully branded both inside and out to reflect your branding and will feature your logo. All artwork is completed to a high standard by our experienced design team in line with your brand guidelines to ensure a professional gift that will wow you, and your staff.

<sup>&</sup>lt;sup>1</sup> Gallup's 'State of the Global Workplace: 2022 Report'

<sup>&</sup>lt;sup>2</sup> Deloitte - Mental Health and Employers - the case for investment. March 2022

<sup>&</sup>lt;sup>3</sup> ONS 20/21 Labour Force Survey (LFS)

### When can I use Smile Box?



A general thank you to staff in recognition of their contributions



Gifted to parents or students at Open Days or events



To celebrate an annual work anniversary or as a birthday gift



A welcome gift for your new students or a gift as part of freshers week.



An end of year gift to appreciate your teams hard work



A regular subscription box offered as part of your benefits scheme

## Or why not use Smile Box for....

Christmas Gifts | Award Ceremonies
Parents Open Days or Evenings
Mental Health Awareness Week (May)
Sporting Events and Celebrations
Staff Training Courses
Pupil Welcome or New Staff Gifts
Achievement Prizes for Pupils & Staff
Boarders 'Away from home' Boxes
National Teachers Day
Pupil Leaver Gifts
GCSE or A-Level Revision Packs
Student Mental Health Boxes
and more besides!

# Can we decide what items are in our Smile Boxes?

Of course you can, and we have hundreds of amazing products for you to choose from. Following our Discovery Call, we'll make recommendations to you based on the main purpose of your Smile Box and staff demographic, but the final decision is yours - after all, you know your staff best!

Once we have a better feel for your organisational culture and the objectives for your Smile Box, we'll send you a tailored proposal with some product suggestions. And if there's something particular you'd like included in your box, just let us know and we'll find a solution that's perfect for you.

### What will be in your Smile Box?



















Smile Boxes are a great tool alongside your existing wellbeing initiatives to support these important annual events



# Introducing our Smile Stand!

We include our amazing Smile Stand with every Smile Box. Inside, you'll find 10 Positivity Postcards featuring motivational messages, quotes and mindfulness tips, all designed to support wellbeing and mental health.

We have a great selection for you to choose from and can also create branded postcards to tie in with any key messages or company values to provide a tailored solution for your organisation. Let us signpost to your EAP provider, promote your wellbeing initiatives or celebrate your Diversity culture.

Once your Smile Stands are being used by your team, we can provide postcards throughout the year to support any new campaigns as part of your internal communications and wellbeing strategy.

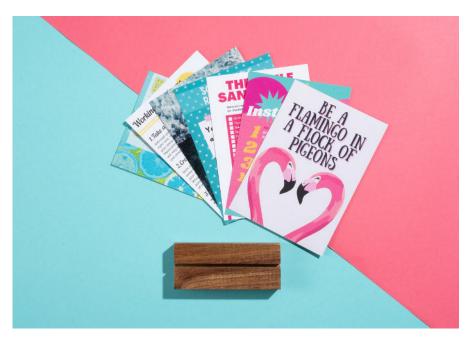












# Media Pack with every order!

While you're sending out Smile Boxes for the right reasons – to improve staff wellbeing - you may as well benefit from some kudos for being the lovely and caring employer that you are!

Celebrating the fact that you're sending Smile Boxes will give staff something to look forward to, improve your employee engagement and generate some feel-good vibes in the workplace.

So why not make the most of the opportunity to shine with our Media Pack created just for you. We include a selection of personalised photos and create branded graphics that can be shared on LinkedIn, within newsletters or on your social media pages for you to use how you'd like.



### What next ....?

### Book your Discovery Session

Book your no obligation chat with us about what you need and we'll enjoy a catch up over a cuppa. We can discuss your wellbeing culture and ask a few questions to get to know you better and discuss how we might be able to help. We'll also show you some of the products available and answer any questions you might have.



### Receive your Proposal

Now we understand how we can support you, we'll prepare and send a proposal showing you a Smile Box suitable for your School, College or University. The solution we offer will be tailored to your setting with product suggestions and we'll provide the costs information including any additional fees such as VAT and delivery.



#### Place your Order

This is where the fun begins! Together, we'll fine tune your Smile Box to give you exactly what you need. From the products and branding, to mental health resources for your staff, we'll take care of it all and ensure it's a stress-free experience, so you'll want to come back and order again in the future (just like 70% of our customers do!).



### Delivery Day

Next, it's time for your Smile Boxes to be despatched. If most of your staff are site-based, we can send them to you so you can distribute them to your team and create a buzz. If you have team members working from home or off-site, we can post them directly to staff at their home address using our GDPR secure process.



### Happy Staff Time

Here's where the magic happens! Watch and feel the boost in morale and engagement when your team receive their branded Smile Boxes with personalised letter! You'll hear chatter about staff feeling appreciated and feel a noticeable buzz within your organisation.



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# Get in Touch

### WWW.SMILE-BOX.CO.UK



